

the fox & the girl

Navigator North Programme
June - August 2023



the fox & the girl

This is an exciting creative programme of workshops, activities, exhibitions and events developed and delivered by Navigator North which will take place between June and August 2023, in Middlesbrough. The programme has been commissioned as part of Historic England and Middlesbrough Council's work with Emergency Exit Arts on Hi!Street Fest - a landmark nationwide commission taking the form of street parties and carnival celebrations on six high streets across England in the summer of 2023. The carnival event takes place in Middlesbrough on Saturday 29th July.

These workshops will take place from June onwards, working with local artists and creatives, responding to the story of a travelling fox, the girl she meets and what they encounter in Middlesbrough. Individuals and groups will take part in a wide range of activities including illustration, textiles, needle felting, tea blending, creative writing and heritage sessions.

The fox & the girl exhibition opens in July at Navigator North's creative space on Middlesbrough high street - The Masham. Featuring artwork made in the workshops, works by the creatives involved in delivering the programme and from an open call. Visitors will be able to vote for their favourite piece in the exhibition, with prizes for the winning entries.

A 'Playful Picnic' event will be held on Sat 22nd July in Exchange Square – in the centre of Middlesbrough's Historic Quarter, bringing people together over a shared lunch and lots of creative activities to get involved with.



For further information and to book on to a workshop visit www.navigatornorth.com



Illustration by Adele Catchpole

workshops & events

Watercolour Fox illustration workshop with Adele Catchpole

Thurs 15th June, 1 - 4pm
The Masham

Come and learn a range of watercolour painting techniques before creating your own portrait painting of an urban fox. This workshop will be guided by the artists own painting style, but you'll be encouraged to use artistic licence to make the piece your own.
No experience required. Suitable for 16+

Textile doll workshop with Hellen Edwards

Sat 17th June, 10.30am - 12.30pm
The Masham

Inspired by the jewelled colours, textures and costumes of South Asia, create a colourful 9cm Wooden peg doll using tradition sari fabrics, colourful threads, gold beads and braid and hand stitches.
Some experience of basic stitching required.
Suitable for 12+

Colourful wet felting workshop with Hellen Edwards

Sat 17th June, 1.30 - 3.30pm
The Masham

Get wet and soapy with the stunning colours and textures of South Asia. Create a beautiful wet felted floral abstract piece of art using Merino, organic fibres and sari silk fabrics.
No experience required. Suitable for 12+

Tea blending workshop with Miki Rogers

Fri 23rd June, 6 - 8pm
The Masham

Join us for an interactive Tea Blending workshop. Discover the origins and migration routes of tea, test and taste an exotic range of teas and infusions to create your own personal blend. Everyone will go home with their own packet of tea as well as contributing to the making of a new Boro Blend!
Suitable for 12+

Needle felted fox workshop with Hellen Edwards

Fri 30th June, 10.30am - 1pm
The Masham

Learn the art of needle felting to sculpt, create and bring to life a friendly fox character. One who's personality will come to life before your eyes. With his long whiskers and knitted scarf, he really is going to be a personality.
No experience required. Due to use of sharp needles, suitable for 16+

Queer Base - Creative Writing with Rumana Yasmin

Wed 5th July, 6 - 7pm
Pineapple Black, Hill Street Shopping Centre.
Join founder of Bok Bok Books, Rumana Yasmin in a creative writing session with Queer Base – a queer social club for Teessiders. Explore the cultural significance of the fox in folklore and create your own response.
No booking required. Suitable for 16+

Open Call

We are seeking creative responses to The fox & the girl. Submissions need to be sent as a digital file/ photograph, jpeg image between 1 and 5MB and emailed to hiddenmbro@navigatornorth.com by 5th July with 'Open Call' in the subject header.
Free to enter. Prizes will be awarded through a visitor vote.

The fox & the girl Exhibition

15th July - 19th August
Thurs, Fri, Sat 11 - 4pm
The Masham
Opening on Saturday 15th July, this exhibition is inspired by the story of The fox & the girl. It will showcase the work made during the workshops in June and by the creatives involved. Featuring digital and photographed works submitted through an open call, with a visitor vote and prizes for the winning entries.
No booking required. Free to attend.

Playful Picnic

Sat 22nd July, 12 – 3pm
Exchange Square
A 'Playful Picnic' in Exchange Square in the centre of Middlesbrough's Historic Quarter. Visitors can join in the fun outdoors, get creative, play traditional games with Freestyle Community Projects, listen to stories with Rumana Yasmin from Bok Bok Books, share lunch together and of course taste our 'Boro Brew' with Miki Rogers.
No booking required. Free to attend.
Suitable for all ages

All workshops need to be booked in advance. Anyone under 16 yrs old should be accompanied by an adult, for whom another place should be booked.

Navigator North, The Masham, 27 Linthorpe Road, Middlesbrough, TS1 1RL.

The Masham has an accessible entrance and toilet facilities for workshop participants.

#thefoxandthegirl #HiStreetFest